

THE DAILY OFFICE

(THE TIME IN WHICH GOD WORKS ON ME)

Opening Prayer: Psalm 62:1-2, 5-8 NIV

Truly my soul finds rest in God; my salvation comes from him. Truly he is my rock and my salvation; he is my fortress, I will never be shaken. Yes, my soul, find rest in God; my hope comes from him. Truly he is my rock and my salvation; he is my fortress, I will not be shaken. My salvation and my honor depend on God; he is my mighty rock, my refuge. Trust in him at all times, you people; pour out your hearts to him, for God is our refuge.

Refrain: Psalm 62:1

Truly my soul finds rest in God; my salvation comes from him.

(Silence)

Morning Prayer:

Lord we give you thanks for this new day. It is a gift from you. May we not take this gift from your hand lightly. May we live this day in new and fresh awareness of your loving presence. Lord may we live fully into the truth that you will not leave us or forsake us. Amen

Refrain: Psalm 62:1

Truly my soul finds rest in God; my salvation comes from him.

Scripture Reading and Reflection: Exodus 3:11-15 & 4:1-17 (Leadership Theme)

- **Reading:** What does the text say that everyone should understand?
- **Contemplation:** Placing yourself in the text – what does it stir up in you?
- **Action:** What do I need to remember and act on from this text?

Refrain: Psalm 62:1

Truly my soul finds rest in God; my salvation comes from him.

The Lord's Prayer:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory for ever and ever. Amen.