

# THE DAILY OFFICE

(THE TIME IN WHICH GOD WORKS ON ME)

## **Psalm 37:5-7 & 34a**

Commit your way to the Lord; trust in him and he will do this: He will make your righteous reward shine like the dawn, your vindication like the noonday sun. Be still before the Lord and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes. Hope in the Lord and keep his way.

## **Opening Prayer: I Chronicles 29:10-13**

David praised the Lord in the presence of the whole assembly, saying, "Praise be to you, Lord, the God of our father Israel, from everlasting to everlasting. Yours, Lord, is the greatness and the power and the glory and the majesty and the splendor, for everything in heaven and earth is yours. Yours, Lord, is the kingdom; you are exalted as head over all. Wealth and honor come from you; you are the ruler of all things. In your hands are strength and power to exalt and give strength to all. Now, our God, we give you thanks, and praise your glorious name.

## **Refrain - Psalm 36:7:**

How priceless is your unfailing love, O God! People take refuge in the shadow of your wings.

*(Silence)*

## **Morning Prayer:**

"O God, from whom all good proceeds: Grant that by your inspiration I may think those things that are right and by your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen."

## **Refrain - Psalm 36:7:**

How priceless is your unfailing love, O God! People take refuge in the shadow of your wings.

## **Scripture Reading and Reflection: Romans 12:1-2 & 1 Peter 1:13-14**

- **Reading:** What does the text say that everyone should understand?
- **Contemplation:** Placing yourself in the text – what does it stir up in you?
- **Action:** What do I need to remember and act on from this text?

## **Refrain - Psalm 36:7:**

How priceless is your unfailing love, O God! People take refuge in the shadow of your wings.

## **The Lord's Prayer:**

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory for ever and ever. Amen