

# THE DAILY OFFICE

(THE TIME IN WHICH GOD WORKS ON ME)

## **Habakkuk 2:20**

The Lord is in his holy temple; let all the earth be silent before him.

## **Opening Prayer: Psalm 29:1-4**

Ascribe to the Lord, you heavenly beings, ascribe to the Lord glory and strength. Ascribe to the Lord the glory due his name; worship the Lord in the splendor of his holiness. The voice of the Lord is over the waters; the God of glory thunders, the Lord thunders over the mighty waters. The voice of the Lord is powerful; the voice of the Lord is majestic.

## **Refrain**

For you O Lord, are good and forgiving and great is your love toward all who call on you.

*(Silence)*

## **Morning Prayer:**

"Lord God, almighty and everlasting Father, you have brought me in safety to this new day: Preserve me with your almighty power, that I may not fall into sin, nor be overcome by adversity; and in all I do direct me to the fulfilling of your purpose; through Jesus Christ my Lord. amen."

## **Refrain**

For you O Lord, are good and forgiving and great is your love toward all who call on you.

## **Scripture Reading and Reflection: 1 John 2:15-17, Galatians 5:19-21, 1 Peter 5:8-9**

- **Reading:** What does the text say that everyone should understand?
- **Contemplation:** Placing yourself in the text – what does it stir up in you?
- **Action:** What do I need to remember and act on from this text?

## **Refrain**

For you O Lord, are good and forgiving and great is your love toward all who call on you.

## **The Lord's Prayer:**

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory for ever and ever. Amen