

# THE DAILY OFFICE

(THE TIME IN WHICH GOD WORKS ON ME)

## **Habakkuk 2:20**

The Lord is in his holy temple; let all the earth be silent before him.

## **Opening Prayer: Daniel 2:20-23**

"Blessed be the name of God forever and ever, to whom belong wisdom and might. He changes times and seasons; he removes kings and sets up kings; he gives wisdom to the wise and knowledge to those who have understanding; he reveals deep and hidden things; he knows what is in the darkness, and the light dwells with him. To you, O God of my fathers, I give thanks and praise, for you have given me wisdom and might"

## **Refrain**

For you O Lord, are good and forgiving and great is your love toward all who call on you.

*(Silence)*

## **Morning Prayer:**

"Lord God, almighty and everlasting Father, you have brought me in safety to this new day: Preserve me with your almighty power, that I may not fall into sin, nor be overcome by adversity; and in all I do direct me to the fulfilling of your purpose; through Jesus Christ my Lord. amen."

## **Refrain**

For you O Lord, are good and forgiving and great is your love toward all who call on you.

## **Scripture Reading and Reflection: Ephesians 5:1-21**

- **Reading:** What does the text say that everyone should understand?
- **Contemplation:** Placing yourself in the text – what does it stir up in you?
- **Action:** What do I need to remember and act on from this text?

## **Refrain**

For you O Lord, are good and forgiving and great is your love toward all who call on you.

## **The Lord's Prayer:**

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory for ever and ever. Amen