



Paul Phillips: 910-470-0870

Control Your Sexuality

- **Lack of Sexual Control is not a new problem:**
 - Proverbs 7:21-27
 - Proverbs 6:32: "He who commits adultery lacks sense, he who does it destroys himself!"

- **We see this self-destruction in the Bible:**
 - David—1 Samuel 11:1-4a
 - Solomon—1 Kings 11:1-3
 - Sampson—Judges 14:1-3

- 1. **Sexual immorality is wrong**
 - Matthew 5:28
 - 1 Thessalonians 4:3-5
 - 1 Corinthians 6:13 & 18

- 2. **Sex is a good gift given by God:**
 - Proverbs 5:15-23

- 3. **The pattern sing follows**
 - James 1:14-15
 - Desire, Demands, Dominates, Death

- 4. **Breaking the pattern**
 - Confession and Accountability
 - Hate your Sin
 - Radical Measures



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Questions

1. At what age did you first encounter porn or some sexual dysfunction? What one bad affect did it have on you?
2. Review the pattern found in James 1:14-15. Desire-Demand -Dominates-Death. Discuss how you have seen this pattern in your own life fighting against sin.
3. What's the biggest obstacle in overcoming a lack of sexual control (or) what's the hardest to resist?
4. Why doesn't marriage solve this problem?



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