

Spence Hackney: 910-794-4159

Treasure Your Marriage

• Marriage demonstrates the gospel and reflects God's relationship with us

"Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh." This mystery is profound, and I am saying that it refers to Christ and the church." - Ephesians 5:31-32

• Marks of a husband's (and God's) love

Sacrificial (Ephesians 5:25) Purposeful (Ephesians 5:26-27) Nurturing (Ephesians 5:28-29) Steadfast (Ephesians 5:31 & Matthew 19:5)

Make a plan to protect your marriage now (this week and this quarter)

• Give your wife a voice

"How can I serve you better"

"Where are my blind spots" (don't defend)

"What do I do that makes you feel unloved"

"How can I show love to you better"

Exclude all others

Say no to porn

Unfollow any others

Put down your phone

Let go of a hobby or distraction



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Continue to pursue her Date night/lunch/morning

Learn her "love language" and speak it (time, gifts, acts of service, words of affirmation)

For-no-reasons actions

Participate in her likes and hobbies

• Continue to do love

Love is beyond a feeling, it's a choice to choose to love, and the feeling follows

Commit yourself to her good

Ask her what you can pray for

Questions

- 1. What's your plan to protect your marriage? What are you going to do this week and in the next 90 days? Share it with your group and get some feedback on how it can be improved.
- 2. How are you putting your wife's needs ahead of your own? Where do you need to improve?

3. Are you letting others into your marriage? Is your phone getting in the way? Your career? Porn?



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