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# Loneliness #2

The Lie: Loneliness is part of being a man.

**The Truth:** Friendship is a Superpower.

# Friendships in the book of proverbs

- The Constancy necessary for Friendships
- The Counsel provided in Friendships
- The Care required to maintain Friendships

## 1. Constancy - Faithfulness

- Proverbs 17:17 "A friend loves at all times, and a brother is born for adversity."
- Proverbs 20:6 "Many a man proclaims his own steadfast love, but a faithful man who can find?"

#### 2. Counsel

Proverbs 27:5-6 - "Better is open rebuke than hidden love.
Wounds from a friend can be trusted, but an enemy multiplies kisses."

#### 3. Care

 Proverbs 11:12 - "Whoever belittles his neighbor/friend lacks sense, but a man of understanding remains silent."

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# Questions

1. **Proverbs 20:6** - "A faithful friend who can find?" Can you name one friend who has been faithful to help you in your walk with the Lord and in your life? What did they do that was most impactful?

2. Talk about your reaction to "receiving wounds from a friend" & "delivering wounds to a friend" - Do you have friendships like this?

- 3. Questions:
- a. If this 5 years is a chapter in life, what's the chapter about?
- b. What would you do if you weren't afraid?
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