



Paul Phillips: 910-470-0870

Lust

The Lie: I am a slave to my sexual desire.

The Truth: Faithfulness is a key to my formation.

Lack of sexual control is not a new problem:

- Proverbs 7:21-27
- Proverbs 6:32

The Lie & The Truth—we see this self-destruction in the Bible:

- The man after God’s own heart: David
- The wisest man in the world: Solomon
- The strongest man in the world: Sampson

4 Reinforcements:

1. **Reinforce that sexual immorality is wrong.** [Matthew 5:28, 1 Thessalonians 4:3-5, 1 Corinthians 6:13 & 18]
2. **Reinforce that sex is a good gift given by God** [Proverbs 5:15-23, Song of Solomon 4, 1 Corinthians 7:2 & 9]
3. **Reinforce the pattern sin follows** [James 14]
 - Desire, Demands, Dominates, Death/Deformation
4. **Reinforce the deforming results**

“For me the real evil of masturbation would be that it takes an appetite which, in lawful use, leads the individual out of himself to complete (and correct) his own personality in that of another (and finally in children and grandchildren) and turns it back: sends the man back into the prison himself, there to keep harem of imaginary brides. And this harem, once admitted, works against his ever getting out and really uniting with a real woman. For the harem is always accessible, always subservient, calls for no sacrifices or adjustments, and can be endowed with erotic and psychological attractions which no real woman can rival. Among these shadowy brides he is always adored, always the perfect lover: no demand is made on his unselfishness, no mortification is ever imposed on his vanity. In the end, they become merely the medium through which he increasingly adores himself.” - *Fighting Shadows pg. 96*



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Questions

1. At what age did you first encounter porn or some sexual dysfunction? What one bad affect did it have on you?

2. What should David's, Solomon's, and Sampson's failure in this area teach you about yourself?

3. Discuss - Lust's deforming results:
 - Deformed view of women
 - Deformed view of commitment
 - Deformed sense of self: Lust causes us to collapse within ourselves.

4. Review the pattern found in James 1:14-15: Desire-Demand -Dominates-Death. Discuss how you have seen this pattern in your own life fighting against sin.



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