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**Lust, Part II: Overcoming Lust with the Power of Identity**

**Last Meeting's Key Truths:**

1. Sex is a good gift given by God
2. Sexual Immorality is Destructive

**Don't Ask:** Is what I'm doing allowed?

**Do Ask:** Who am I becoming by what I am doing?

**Main Idea:** Knowing who you are (and who's you are) drives what you do.

Question #1 - Who am I created to be?

Question #2 - Who am I saved to be?

Romans 8:13 - "For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live."

Ephesians 6:17 – "and the sword of the Spirit, which is the word of God,"

Question #3 – Who am I really craving?

"Every man who knocks on the door of a brothel is looking for God" – G.K. Chesterton



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## Questions

1. In our fight against lust, we should start with the truth of Genesis 1&2 before we get to Genesis 3. Why did Matt (and Ray Ortlund) say this is so important?
2. “Our quest for sex is ultimately not a quest for pleasure; it’s a quest for union, a quest for belonging, a disguised search for God.” Have you ever considered this before? Does this ring true in your own experience?
3. Have you ever experienced positive progress in your fight against lust? How did this happen? If you could go back in time, would you do anything in your fight against lust differently?
4. Look through this packet, what are one or two resources you are going to look into after this meeting?



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